

8.3: Trigonometric Substitution

$$u = x^2 - 4 \Rightarrow du = 2x dx$$

$$\bullet \int x \sqrt{x^2 - 4} dx = \int \frac{\sqrt{u}}{2} du = \dots$$

$$\bullet \int \frac{x}{\sqrt{x^2 - 4}} dx = \int \frac{du}{2\sqrt{u}} = \dots$$

EXAMPLE 1. Evaluate $I = \int \frac{\sqrt{x^2 - 4}}{x} dx$

$$I = \int \frac{\sqrt{x^2 - 4} \cdot x dx}{x \cdot x} = \int \frac{\sqrt{u} du / 2}{u + 4} \rightarrow ?$$

$$\sqrt{x^2 - 4} = \sqrt{4(\frac{x^2}{4} - 1)} = 2\sqrt{(\frac{x}{2})^2 - 1} = 2\sqrt{\theta^2 - 1}$$

$$\therefore \frac{x}{2} = \sec \theta \quad \begin{matrix} 2\sqrt{\sec^2 \theta - 1} \\ 2\tan \theta \end{matrix}$$

$x = 2 \sec \theta$ (inverse substitution)

$$dx = 2 \sec \theta \tan \theta d\theta$$

$$I = \int \frac{\sqrt{x^2 - 4}}{x} dx = \int \frac{2 \tan \theta}{2 \sec \theta} \cdot 2 \sec \theta \tan \theta d\theta$$

$$I = 2 \int \tan^2 \theta d\theta = 2 \int (\sec^2 \theta - 1) d\theta$$

$$I = 2 [\tan \theta - \theta] + C \quad \text{Back to } x \quad !!!$$

Before we had:

$$\sqrt{x^2 - 4} = 2 \tan \theta \Rightarrow \tan \theta = \frac{\sqrt{x^2 - 4}}{2}$$

$$x = 2 \sec \theta \Rightarrow \frac{x}{2} = \sec \theta = \frac{1}{\cos \theta}$$

$$\cos \theta = \frac{2}{x}$$

$$\theta = \arccos \frac{2}{x}$$

$$I = \sqrt{x^2 - 4} - 2 \arccos \frac{2}{x} + C$$

How to get rid of $\sqrt{}$

$$\sqrt{1-x^2} = \sqrt{1-\sin^2\theta} = \sqrt{\cos^2\theta} = |\cos\theta| = \cos\theta$$

$x = \sin\theta$

$$-\frac{\pi}{2} < \theta < \frac{\pi}{2}$$

$$\sqrt{x^2+1} = \sqrt{\tan^2\theta + 1} = \sqrt{\sec^2\theta} = |\sec\theta| = \sec\theta$$

$x = \tan\theta$

$$-\frac{\pi}{2} < \theta < \frac{\pi}{2}$$

$$\sqrt{x^2-1} = \sqrt{\sec^2\theta - 1} = \sqrt{\tan^2\theta} = |\tan\theta| = \tan\theta$$

$x = \sec\theta$

$$0 < \theta < \frac{\pi}{2}$$

or

$$\pi < \theta < \frac{3\pi}{2}$$

EXAMPLE 2. Evaluate $I = \int_2^4 \frac{\sqrt{x^2 - 4}}{x} dx$

No need back to x here.

Just use $\frac{\sqrt{x^2 - 4}}{2} = \tan \theta$, $0 \leq \theta < \frac{\pi}{2}$

By Example 1

$$\theta = \arccos \frac{2}{x} \quad (\text{see ex. 1})$$

$$I = 2 \tan \theta - 2\theta \Big|_{0}^{\pi/3}$$

$$x=2 \Rightarrow \theta = \arccos 1 = 0$$

$$x=4 \Rightarrow \theta = \arccos \frac{1}{2} = \frac{\pi}{3}$$

$$I = 2 \tan \frac{\pi}{3} - \frac{2\pi}{3} - 0 = 2\sqrt{3} - \frac{2\pi}{3}$$

Table of Inverse Trigonometric Substitutions

$a \cos \theta = \sqrt{a^2 - b^2 x^2}$	$x = \frac{a}{b} \sin \theta, \quad -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	$1 - \sin^2 \theta = \cos^2 \theta$
$a \sec \theta = \sqrt{a^2 + b^2 x^2}$	$x = \frac{a}{b} \tan \theta, \quad -\frac{\pi}{2} < \theta < \frac{\pi}{2}$	$1 + \tan^2 \theta = \sec^2 \theta$
$a \tan \theta = \sqrt{b^2 x^2 - a^2}$	$x = \frac{a}{b} \sec \theta, \quad 0 \leq \theta < \frac{\pi}{2} \quad \text{or} \quad \pi \leq \theta < \frac{3\pi}{2}$	$\sec^2 \theta - 1 = \tan^2 \theta$

for definite integral

EXAMPLE 3. Evaluate $I = \int \frac{1}{x^4 \sqrt{4 - 25x^2}} dx$

$$\sqrt{4 - 25x^2} = 2 \cos \theta$$

$$x = \frac{2}{5} \sin \theta \Rightarrow dx = \frac{2}{5} \cos \theta d\theta$$

$$I = \int \frac{1}{\left(\frac{2}{5}\right)^4 \sin^4 \theta \cdot 2 \cos \theta} \cdot \frac{2}{5} \cos \theta d\theta$$

$$I = \frac{5^3}{2^4} \int \frac{d\theta}{\sin^4 \theta} = \frac{5^3}{2^4} \int \csc^4 \theta d\theta$$

$$I = \frac{5^3}{2^4} \int \underbrace{\csc^2 \theta}_{1 + \cot^2 \theta} \underbrace{\csc^2 d\theta}_{-\cot \theta}$$

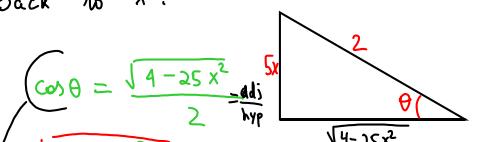
Use u-sub. $u = \cot \theta \Rightarrow du = -\csc^2 \theta d\theta$

$$I = \frac{125}{16} \int (1+u^2) (-du) = -\frac{125}{16} \int (1+u^2) du$$

$$I = -\frac{125}{16} \left(u + \frac{u^3}{3} \right) + C$$

\downarrow Back to θ : $I = -\frac{125}{16} \left(\cot \theta + \frac{1}{3} \cot^3 \theta \right) + C$

\downarrow Back to x :



$$\cos \theta = \frac{\text{adj}}{\text{hyp}} = \frac{5x}{2}$$

$$\sin \theta = \frac{\text{opp}}{\text{hyp}} = \frac{\sqrt{4-25x^2}}{2}$$

$$\cot \theta = \frac{\text{adj}}{\text{opp}} = \frac{\sqrt{4-25x^2}}{5x}$$

Use that or Pythag. Theorem.

$$I = -\frac{125}{16} \left(\cot \theta + \frac{\cot^3 \theta}{3} \right) + C$$

$$I = -\frac{125}{16} \left(\frac{\sqrt{4-25x^2}}{5x} \right) + \frac{1}{3} \cdot \frac{(\sqrt{4-25x^2})^3}{(5x)^3} + C$$

$$\text{EXAMPLE 4. Evaluate } I = \int \frac{x^5}{(x^2+36)^{3/2}} dx$$

$$I = \int \frac{x^5 dx}{(\sqrt{x^2+36})^3}$$

$$x = 6 \tan \theta \Rightarrow \sqrt{x^2+36} = 6 \sec \theta$$

$$dx = 6 \sec^2 \theta d\theta$$

$$I = \int \frac{6^5 \tan^5 \theta \cdot 6 \sec^2 \theta d\theta}{6^3 \sec^3 \theta} = 6^3 \int \frac{\tan^5 \theta d\theta}{\sec \theta}$$

$$I = 6^3 \int \frac{\sin^5 \theta}{\cos^5 \theta} \cdot \cos \theta d\theta = 6^3 \int \frac{\sin^5 \theta}{\cos^4 \theta} d\theta$$

$$I = 6^3 \int \frac{\sin^4 \theta}{\cos^4 \theta} \frac{\sin \theta d\theta}{-\cos \theta}$$

$$I = 6^3 \int \frac{(1 - \cos^2 \theta)^2}{\cos^4 \theta} \sin \theta d\theta$$

$$I = 6^3 \int \frac{(1 - u^2)^2}{u^4} du = -6^3 \int \frac{1 - 2u^2 + u^4}{u^4} du$$

$$I = -6^3 \int u^{-4} - 2u^{-2} + 1 du$$

$$I = -6^3 \left(\frac{u^3}{-3} - \frac{2u^{-1}}{-1} + u \right) + C$$

$$I = 6^3 \left(\frac{1}{3u^3} - \frac{2}{u} - u \right) + C$$

$$I = 6^3 \left(\frac{1}{3 \cos^3 \theta} - \frac{2}{\cos \theta} - \cos \theta \right) + C$$

$$I = 6^3 \left(\frac{1}{3} \sec^3 \theta - 2 \sec \theta - \cos \theta \right) + C$$

From the previous (see above) we have:

$$\sec \theta = \frac{\sqrt{x^2+36}}{6} \Rightarrow \cos \theta = \frac{6}{\sqrt{x^2+36}}$$

$$I = 6^3 \left(\frac{1}{3} \frac{(\sqrt{x^2+36})^3}{6^3} - \frac{2}{6} \sqrt{x^2+36} - \frac{6}{\sqrt{x^2+36}} \right) + C$$

Back to x:
 $u \rightarrow \theta \rightarrow x$
 usually
 use right triangle

$$\text{EXAMPLE 5. Evaluate } I = \int \frac{x}{\sqrt{2x^2 - 4x - 7}} dx$$

To get rid of $\sqrt{}$ use complete squares method
and then make an appropriate trig. substitution

$$(a+b)^2 = a^2 + 2ab + b^2$$

$$\sqrt{2x^2 - 4x - 7} = \sqrt{2(x^2 - 2x - \frac{7}{2})} = \sqrt{2(x^2 - 2x \cdot 1 + 1^2 - 1^2 - \frac{9}{2})}$$

$$= \sqrt{2((x-1)^2 - \frac{9}{2})} = \sqrt{2(x-1)^2 - 9}$$

See table (for example)

$$\sqrt{b^2 \star^2 - a^2} = a \tan \theta \text{ when } \star = \frac{a}{b} \sec \theta$$

We have $\star = x-1$, $b = \sqrt{2}$, $a = 3$

$$x-1 = \frac{3}{\sqrt{2}} \sec \theta \Rightarrow x = 1 + \frac{3}{\sqrt{2}} \sec \theta$$

Then $\sqrt{2x^2 - 4x - 7} = 3 \tan \theta$ | $dx = \frac{3}{\sqrt{2}} \sec \theta \tan \theta d\theta$

Plug in:

$$I = \int \frac{x dx}{\sqrt{2x^2 - 4x - 7}} = \int \frac{1 + \frac{3}{\sqrt{2}} \sec \theta}{\cancel{3 \tan \theta}} \cdot \frac{\cancel{3}}{\sqrt{2}} \sec \theta \tan \theta d\theta$$

$$I = \int \frac{1}{\sqrt{2}} \left(1 + \frac{3}{\sqrt{2}} \sec \theta \right) \sec \theta \tan \theta d\theta$$

$$I = \underbrace{\int \frac{1}{\sqrt{2}} \sec \theta d\theta}_{\text{see Example 7 below}} + \frac{3}{2} \underbrace{\int \sec^2 \theta d\theta}_{\tan \theta}$$

$$I = \frac{1}{\sqrt{2}} \ln |\sec \theta + \tan \theta| + \frac{3}{2} \tan \theta + C$$

Use $\sec \theta = \frac{\sqrt{2}}{3}(x-1)$, $\tan \theta = \frac{\sqrt{2x^2 - 4x - 7}}{3}$

$$I = \frac{1}{\sqrt{2}} \ln \left| \frac{\sqrt{2}}{3}(x-1) + \frac{\sqrt{2x^2 - 4x - 7}}{3} \right| + \frac{1}{2} \sqrt{2x^2 - 4x - 7} + C$$

EXAMPLE 6. Evaluate $I = \int \frac{x}{\sqrt{3-2x-x^2}} dx$

Complete squares

$$\begin{aligned} 3-2x-x^2 &= -(x^2+2x-3) \\ &= -\underbrace{(x^2+2x+1-1-3)}_{-(x+1)^2-4} = 4-(x+1)^2 \end{aligned}$$

Thus, $\sqrt{3-2x-x^2} = \sqrt{4-(x+1)^2} = 2\cos\theta \quad (1)$

where $x+1 = 2\sin\theta \Rightarrow x = 2\sin\theta - 1 \quad (2)$
 $\therefore dx = 2\cos\theta d\theta$

$$I = \int \frac{2\sin\theta - 1}{2\cos\theta} \cancel{2\cos\theta} d\theta = \int (2\sin\theta - 1) d\theta$$

$$\begin{aligned} I &= -2\cos\theta - \theta + C \\ (1) &\Rightarrow -2\cos\theta = -\sqrt{3-2x-x^2} \\ (2) &\Rightarrow \theta = \arcsin \frac{x+1}{2} \end{aligned}$$

Finally, $I = -\sqrt{3-2x-x^2} - \arcsin \frac{x+1}{2} + C$

Example 7. Evaluate $\int \sec x \, dx$.

$$I = \int \sec x \, dx = \int \frac{dx}{\cos x} = \int \frac{\cancel{\cos x}}{\cos x} \frac{dx}{\cancel{\cos x}}$$

$$I = \int \frac{\cos x \, dx}{\cos^2 x} = \int \frac{\cos x \, dx}{1 - \sin^2 x} \quad u = \sin x \\ du = \cos x \, dx$$

$$I = \int \frac{du}{1-u^2} \quad \text{Use } \frac{1}{1-u^2} = \frac{1}{2} \left[\frac{1}{1+u} + \frac{1}{1-u} \right] \\ (\text{Wait until Section 8.4 to learn how to get this})$$

$$I = \int \frac{1}{2} \left[\frac{1}{1+u} + \frac{1}{1-u} \right] du = \frac{1}{2} \left[\ln|1+u| - \ln|1-u| \right] + C$$

$$I = \frac{1}{2} \ln \left| \frac{1+u}{1-u} \right| + C = \ln \sqrt{\left| \frac{1+u}{1-u} \right|} + C$$

$$I = \boxed{\ln \left| \frac{1+\sin x}{1-\sin x} \right| + C} \quad \text{It is possible to simplify it more}$$

$$I = \ln \sqrt{\left| \frac{1+\sin x}{1-\sin x} \right|} \cdot \frac{1+\sin x}{1+\sin x} = \ln \sqrt{\frac{(1+\sin x)^2}{1-\sin^2 x}} + C$$

$$I = \ln \left| \frac{1+\sin x}{\cos x} \right| + C$$

$$\boxed{\int \sec x \, dx = \ln |\sec x + \tan x| + C}$$