

# Notes on Sufficient Conditions for Extrema

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## 1 The second variation

Let  $J[x] = \int_a^b F(t, x, \dot{x}) dt$  be a nonlinear functional, with  $x(a) = A$  and  $x(b) = B$  fixed. As usual, we will assume that  $F$  is as smooth as necessary. The first variation of  $J$  is

$$\delta J_x[h] = \int_a^b \left( F(t, x, \dot{x}) - \frac{d}{dt} F_{\dot{x}} \right) h(t) dt,$$

where  $h(t)$  is assumed as smooth as necessary and in addition satisfies  $h(a) = h(b) = 0$ . We will call such  $h$  *admissible*.

The idea behind finding the first variation is to capture the linear part of the  $J[x]$ . Specifically, we have

$$J[x + \varepsilon h] = J[x] + \varepsilon \delta J_x[h] + o(\varepsilon),$$

where  $o(\varepsilon)$  is a quantity that satisfies

$$\lim_{\varepsilon \rightarrow 0} \frac{o(\varepsilon)}{\varepsilon} = 0.$$

The second variation comes out of the quadratic approximation in  $\varepsilon$ ,

$$J[x + \varepsilon h] = J[x] + \varepsilon \delta J_x[h] + \frac{1}{2} \varepsilon^2 \delta^2 J_x[h] + o(\varepsilon^2).$$

It follows that

$$\delta^2 J_x[h] = \frac{d^2}{d\varepsilon^2} \left( J[x + \varepsilon h] \right) \Big|_{\varepsilon=0}.$$

To calculate it, we note that

$$\frac{d^2}{d\varepsilon^2} \left( J[x + \varepsilon h] \right) = \int_a^b \frac{\partial^2}{\partial \varepsilon^2} \left( F(t, x + \varepsilon h, \dot{x} + \varepsilon \dot{h}) \right) dt.$$

Applying the chain rule to the integrand, we see that

$$\begin{aligned} \frac{\partial^2}{\partial \varepsilon^2} (F(t, x + \varepsilon h, \dot{x} + \varepsilon \dot{h})) &= \frac{\partial}{\partial \varepsilon} (F_x h + F_{\dot{x}} \dot{h}) \\ &= F_{xx} h^2 + 2F_{x\dot{x}} h \dot{h} + F_{\dot{x}\dot{x}} \dot{h}^2, \end{aligned}$$

where the various derivatives of  $F$  are evaluated at  $(t, x + \varepsilon h, \dot{x} + \varepsilon \dot{h})$ . Setting  $\varepsilon = 0$  and inserting the result in our earlier expression for the second variation, we obtain

$$\delta^2 J_x[h] = \int_a^b F_{xx} h^2 + 2F_{x\dot{x}} h \dot{h} + F_{\dot{x}\dot{x}} \dot{h}^2 dt.$$

Note that the middle term can be written as  $2F_{x\dot{x}} h \dot{h} = F_{x\dot{x}} \frac{d}{dt} h^2$ . Using this in the equation above, integrating by parts, and employing  $h(a) = h(b) = 0$ , we arrive at

$$\begin{aligned} \delta^2 J_x[h] &= \int_a^b \left\{ \underbrace{\left( F_{xx} - \frac{d}{dt} F_{x\dot{x}} \right) h^2}_Q + \underbrace{F_{\dot{x}\dot{x}} \dot{h}^2}_P \right\} dt \\ &= \int_a^b (P \dot{h}^2 + Q h^2) dt. \end{aligned} \tag{1}$$

## 2 Legendre's trick

Ultimately, we are interested in whether a given extremal for  $J$  is a weak (relative) minimum or maximum. In the sequel we will always assume that the function  $x(t)$  that we are working with is an extremal, so that  $x(t)$  satisfies the Euler-Lagrange equation,  $\frac{d}{dt} F_{\dot{x}} = F_x$ , makes the first variation  $\delta J_x[h] = 0$  for all  $h$ , and fixes the functions  $P = F_{\dot{x}\dot{x}}$  and  $Q = F_{xx} - \frac{d}{dt} F_{x\dot{x}}$ . To be definite, we will always assume we are looking for conditions for the extremum to be a weak *minimum*. The case of a maximum is similar.

Let's look at the integrand  $P \dot{h}^2 + Q h^2$  in (1). It is generally true that a function can be bounded, but have a derivative that varies wildly. Our intuition then says that  $P \dot{h}^2$  is the dominant term, and this turns out to be true. In looking for a minimum, we recall that it is necessary that  $\delta^2 J_x[h] \geq 0$

for all  $h$ . One can use this to show that, for a minimum, it is also necessary, but not sufficient, that  $P \geq 0$  on  $[a, b]$ . We will make the stronger assumption that  $P > 0$  on  $[a, b]$ . We also assume that  $P$  and  $Q$  are smooth.

Legendre had the idea to add a term to  $\delta^2 J$  to make it nonnegative. Specifically, he added  $\frac{d}{dt}(wh^2)$  to the integrand in (1). Note that  $\int_a^b \frac{d}{dt}(wh^2) dt = wh^2|_a^b = 0$ . Hence, we have this chain of equations,

$$\begin{aligned} \delta^2 J_x[h] &= \delta^2 J_x[h] + \int_a^b \frac{d}{dt}(wh^2) dt \\ &= \int_a^b (P\dot{h}^2 + Qh^2 + \frac{d}{dt}(wh^2)) dt \\ &= \int_a^b \left( P\dot{h}^2 + 2wh\dot{h} + (\dot{w} + Q)h^2 \right) dt \end{aligned} \quad (2)$$

$$= \int_a^b P \left( \dot{h} + \frac{w}{P}h \right)^2 dt + \int_a^b \left( \dot{w} + Q - \frac{w^2}{P} \right) h^2, \quad (3)$$

where we completed the square to get the last equation. If we can find  $w(t)$  such that

$$\dot{w} + Q - \frac{w^2}{P} = 0, \quad (4)$$

then the second variation becomes

$$\delta^2 J_x[h] = \int_a^b P \left( \dot{h} + \frac{w}{P}h \right)^2 dt. \quad (5)$$

Equation (4) is called a *Riccati* equation. It can be turned into the second order *linear* ODE below via the substitution  $w = -(\dot{u}/u)P$ :

$$-\frac{d}{dt} \left( P \frac{du}{dt} \right) + Qu = 0, \quad (6)$$

which is called the *Jacobi* equation for  $J$ . Two points  $t = \alpha$  and  $t = \tilde{\alpha}$ ,  $\alpha \neq \tilde{\alpha}$ , are said to be *conjugate points* for Jacobi's equation if there is a solution  $u$  to (6) such that  $u \neq 0$  between  $\alpha$  and  $\tilde{\alpha}$ , and such that  $u(\alpha) = u(\tilde{\alpha}) = 0$ .

When there are no points conjugate to  $t = a$  in the interval  $[a, b]$ , we can construct a solution to (6) that is strictly positive on  $[a, b]$ . Start with the two linearly independent solutions  $u_0$  and  $u_1$  to (6) that satisfy the initial conditions

$$u_0(a) = 0, \quad \dot{u}_0(a) = 1, \quad u_1(a) = 0, \quad \text{and} \quad \dot{u}_1(a) = 1.$$

Since there is no point in  $[a, b]$  conjugate  $a$ ,  $u_0(t) \neq 0$  for any  $a < t \leq b$ . In particular, since  $\dot{u}_0(a) = 1 > 0$ ,  $u(t)$  will be strictly positive on  $(a, b]$ . Next, because  $u_1(a) = 1$ , there exists  $t = c$ ,  $a < c \leq b$ , such that  $u_1(t) \geq 1/2$  on  $[a, c]$ . Moreover, the continuity of  $u_0$  and  $u_1$  on  $[c, b]$  implies that  $\min_{c \leq t \leq b} u_0(t) = m_0 > 0$  and  $\min_{c \leq t \leq b} u_1(t) = m_1 \in \mathbb{R}$ . It is easy to check that on  $[a, b]$ ,

$$u := \frac{1 + 2|m_1|}{2m_0}u_0 + u_1 \geq 1/2,$$

and, of course,  $u$  solves (6).

This means that the substitution  $w = -(\dot{u}/u)P$  yields a solution to the Riccati equation (4), and so the second variation has the form given in (5). It follows that  $\delta^2 J_x[h] \geq 0$  for any admissible  $h$ . Can the second variation vanish for some  $h$  that is nonzero? That is, can we find an admissible  $h \neq 0$  such that  $\delta^2 J_x[h] = 0$ ? If it did vanish, we would have to have

$$P \left( \dot{h} + \frac{w}{P}h \right)^2 = 0, \quad a \leq t \leq b,$$

and, since  $P > 0$ , this implies that  $\dot{h} + \frac{w}{P}h = 0$ . This first order linear equation has the unique solution,

$$h(t) = h(a)e^{-\int_a^t \frac{w(\tau)}{P(\tau)} d\tau}.$$

However, since  $h$  is admissible,  $h(a) = h(b) = 0$ , and so  $h(t) \equiv 0$ . We have proved the following result.

**Proposition 2.1.** *If there are no points in  $[a, b]$  conjugate to  $t = a$ , the the second variation is a positive definite quadratic functional. That is,  $\delta^2 J_x[h] > 0$  for any admissible  $h$  not identically 0.*

### 3 Conjugate points

There is direct connection between conjugate points and extremals. Let  $x(t, \varepsilon)$  be a family of extremals for the functional  $J$  depending smoothly on a parameter  $\varepsilon$ . We will assume that  $x(a, \varepsilon) = A$ , which will be independent of  $\varepsilon$ . These extremals all satisfy the Euler-Lagrange equation

$$F_x(t, x(t, \varepsilon), \dot{x}(t, \varepsilon)) = \frac{d}{dt} F_{\dot{x}}(t, x(t, \varepsilon), \dot{x}(t, \varepsilon)).$$

If we differentiate this equation with respect to  $\varepsilon$ , being careful to correctly apply the chain rule, we obtain

$$\begin{aligned} F_{xx} \frac{\partial x}{\partial \varepsilon} + F_{x\dot{x}} \frac{\partial \dot{x}}{\partial \varepsilon} &= \frac{d}{dt} \left( F_{x\dot{x}} \frac{\partial x}{\partial \varepsilon} + F_{\dot{x}\dot{x}} \frac{\partial \dot{x}}{\partial \varepsilon} \right) \\ &= \frac{dF_{x\dot{x}}}{dt} \frac{\partial x}{\partial \varepsilon} + F_{x\dot{x}} \frac{\partial \dot{x}}{\partial \varepsilon} + \frac{d}{dt} \left( F_{\dot{x}\dot{x}} \frac{\partial \dot{x}}{\partial \varepsilon} \right). \end{aligned}$$

Cancelling and rearranging terms, we obtain

$$\left( F_{xx} - \frac{d}{dt} F_{x\dot{x}} \right) \frac{\partial x}{\partial \varepsilon} - \frac{d}{dt} \left( F_{\dot{x}\dot{x}} \frac{\partial \dot{x}}{\partial \varepsilon} \right) = 0. \quad (7)$$

Set  $\varepsilon = 0$  and let  $u(t) = \frac{\partial x}{\partial \varepsilon}(t, 0)$ . Observe that the functions in the equation above, which is called the variational equation, are just  $P = F_{x\dot{x}}$  and  $Q = F_{xx} - \frac{d}{dt} F_{x\dot{x}}$ . Consequently, (7) is simply the Jacobi equation (6). The difference here is that we always have the initial conditions,

$$\begin{cases} u(a) = \frac{\partial x}{\partial \varepsilon}(a, 0) = \frac{\partial A}{\partial \varepsilon} = 0, \\ \dot{u}(a) = \frac{\partial \dot{x}}{\partial \varepsilon}(a, 0) \neq 0. \end{cases}$$

We remark that if  $\dot{u}(a) = 0$ , then  $u(t) \equiv 0$ .

What do conjugate points mean in this context? Suppose that  $t = \tilde{a}$  is conjugate to  $t = a$ . Then we have

$$\frac{\partial x}{\partial \varepsilon}(\tilde{a}, 0) = u(\tilde{a}) = 0,$$

which holds *independently* of how our smooth family of extremals was constructed. It follows that at  $t = \tilde{a}$ , we have  $x(\tilde{a}, \varepsilon) = x(\tilde{a}, 0) + o(\varepsilon)$ . Thus, the family either crosses again at  $\tilde{a}$ , or comes close to it, accumulating to order higher than  $\varepsilon$  there.

## 4 Sufficient conditions

A sufficient condition for an extremal to be a relative minimum is that the second variation be strongly positive definite. This means that there is a  $c > 0$ , which is independent of  $h$ , such that for all admissible  $h$  one has

$$\delta^2 J_x[h] \geq c \|h\|_{H^1}^2,$$

where  $H^1 = H^1[a, b]$  denotes the usual Sobolev space of functions with distributional derivatives in  $L^2[a, b]$ .

Let us return to equation (2), where we added in terms depending on an arbitrary function  $w$ . In the integrand there, we will add and subtract  $\sigma P \dot{h}^2$ , where  $\sigma$  is an arbitrary constant. The only requirement for now is that  $0 < \sigma < \min_{t \in [a, b]} P(t)$ . The result is

$$\delta^2 J_x[h] = \int_a^b \left( (P - \sigma) \dot{h}^2 + 2wh\dot{h} + (\dot{w} + Q)h^2 \right) dt + \sigma \int_a^b \dot{h}^2 dt.$$

For the first integral in the term on the right above, we repeat the argument that was used to arrive at (5). Everything is the same, except that  $P$  is replaced by  $P - \sigma$ . We arrive at this:

$$\begin{aligned} \delta^2 J_x[h] &= \int_a^b (P - \sigma) \left( \dot{h} + \frac{w}{P - \sigma} h \right)^2 dt \\ &\quad + \int_a^b \left( \dot{w} + Q - \frac{w^2}{P - \sigma} \right) h^2 + \sigma \int_a^b \dot{h}^2 dt. \end{aligned} \tag{8}$$

We continue as we did in section 2. In the end, we arrive at the new Jacobi equation,

$$-\frac{d}{dt} \left( (P - \sigma) \frac{du}{dt} \right) + Qu = 0. \tag{9}$$

The point is that if for the Jacobi equation (6) there are no points in  $[a, b]$  conjugate to  $a$ , then, because the solutions are continuous functions of the parameter  $\sigma$ , we may choose  $\sigma$  small enough so that for (9) there will be no points conjugate to  $a$  in  $[a, b]$ . Once we have found  $\sigma$  small enough for this to be true, we fix it. We then solve the corresponding Riccati equation and employ it in (8) to obtain

$$\begin{aligned} \delta^2 J_x[h] &= \int_a^b (P - \sigma) \left( \dot{h} + \frac{w}{P - \sigma} h \right)^2 dt + \sigma \int_a^b \dot{h}^2 dt \\ &\geq \sigma \int_a^b \dot{h}^2 dt. \end{aligned}$$

Now, for an admissible  $h$ , it is easy to show that  $\int_a^b h^2 dt \leq \frac{(b-a)^2}{2} \int_a^b \dot{h}^2 dt$ , so that we have

$$\|h\|_{H^1}^2 = \int_a^b h^2 dt + \int_a^b \dot{h}^2 dt \leq \left( 1 + \frac{(b-a)^2}{2} \right) \int_a^b \dot{h}^2 dt.$$

Consequently, we obtain this inequality:

$$\delta^2 J_x[h] \geq \frac{\sigma}{1 + \frac{(b-a)^2}{2}} \|h\|_{H^1}^2 = c \|h\|_{H^1}^2,$$

which is what we needed for a relative minimum. We summarize what we found below.

**Theorem 4.1.** *A sufficient condition for an extremal  $x(t)$  to be a relative minimum for the functional  $J[x] = \int_a^b F(t, x, \dot{x}) dt$ , where  $x(a) = A$  and  $x(b) = B$ , is that  $P(t) = F_{\dot{x}\dot{x}}(t, x, \dot{x}) > 0$  for  $t \in [a, b]$  and that the interval  $[a, b]$  contain no points conjugate to  $t = a$ .*