Chapter 7. Applications of integration Section 7.4 Work

Mechanical work is the amount of energy transferred by a force.

If an object moves along a straight line with position function s(t), then the force F on the object (in the same direction) is defined by Newton's Second Law of Motion

$$F = ma = m\frac{d^2s}{dt^2}$$

In case of constant acceleration, the force F is also constant and the work done is defined to be the product of the force F and the distance d that the object moves

$$W = Fd$$
, work=force × distance

Mechanical units in the U.S. customary and SI metric systems

Unit	U.S. customary system	SI metric system
distance	ft	m
mass	slug	kg
force	lb	$N = kg \cdot m/sec^2$
work	ft - lb	$J = N \cdot m$
g(Earth)	$32ft/sec^2$	$9.81m/sec^2$

Example 1.

1. Find the work done in pushing a car a distance of 8 m while exerting a constant force of 900 N.

2. How much work is done by a weightlifter in raising a 60-kg barbell from the floor to the height of 2 m?

What happens if the force is variable?

Problem The object moves along the x-axis in the positive direction from x = a to x = b and at each point x between a and b a force f(x) acts on the object, where f is continuous function. Find the work done in moving the object from a to b.

Let P be a partition of [a, b] by points x_i such that $a = x_0 < x_1 < ... < x_n = b$ and let $\Delta x_i = x_i - x_{i-1}$, and let x_i^* is in $[x_{i-1}, x_i]$. Then the force at x_i^* is $f(x_i^*)$. If $\|P\|$ is small, then Δx_i is small, and since f is continuous, the values of f do not change very much on $[x_{i-1}, x_i]$. In other words f is almost a constant on the interval and so work W_i that is done in moving the particle from x_{i-1} to x_i is $W_i \approx f(x_i^*)\Delta x_i$. We can approximate the total work by

$$W \approx \sum_{i=1}^{n} f(x_i^*) \Delta x_i$$

This approximation becomes better and better as $||P|| \to 0$.

Therefore, we define the work done in moving the object from a to b as

$$W = \lim_{\|P\| \to 0} \sum_{i=1}^{n} f(x_i^*) \Delta x_i = \int_{a}^{b} f(x) dx$$

Example 2. When a particle is at a distance x meters from the origin, a force of $\cos(\pi x/3)$ N acts on it. How much work is done by moving the particle from x = 1 to x = 2.

Hooke's Law: The force required to maintain a spring stretched x units beyond its natural length is proportional to x

$$f(x) = kx$$

where k is a positive constant (the spring constant).

Example 3. Suppose that 2 J of work are needed to stretch a spring from its natural length of 30 cm to a length of 42 cm. How much work is needed to stretch it from 35 cm to 40 cm?

